Concept of ethics- Traditional concepts
Session Overview

• Significance of ethical behaviour

• Framework of Ethical Governance

• Exercise on ‘self inspection’

• Some important ethical behaviour at work place
Learning objective

• By the end of the Session participants will be able to understand the

• Significance of ethical behaviour

• Framework of Ethical Governance

• Some important ethical behaviour at work place
What Is Ethics?

• Ethics is the study of conduct – both right and wrong.
• Ethics has a focus on moral conduct or situations.
• Ethics is concerned with how a moral person should behave and refers to principles that define behaviour as right, good and proper.
Values are....

• feelings and convictions regarding what is of “strong worth” (i.e. “important”) to us in what we think, say or do
• principle’s that are considered worthwhile or desirable
• those things that are important to or valued by someone
Values Different Than Ethics

Ethics
Beliefs about moral right and wrong that determines how a person should behave

Values
Inner judgment that determines how a person actually behaves
How Values Are Learned

Values are acquired through:

– Modeling and identification with the behaviors of parents, teachers, friends, siblings.

– Communication of values by influential persons.

– Unstated or implied attitudes of key people.

– Religious training and social morals.
Why ethical Behavior?

How important are ethics in today’s society?
Personal value exercise

• Why do we need Ethics in our life?

• Please write five personal values and their importance in descending order (write your most important value first followed by others)

• To maintain the anonymity no need to write their name on paper

• Exercise time 10 Minutes
Disappointments are just God’s way of saying

What do you want from life?

"I've got something better"

Be Patient.. Live Life..

Have Faith..
Simplicity
Honour and Respect
Integrity
Nothing is impossible
Enlightenment
Framework of Ethical Governance – Oneself

Integration with and care for
ONESELF

Universal Values
Purity
Honesty
Love
Inner Governance

Integration with and care for all
PEOPLE

Integration with and care for the
ENVIRONMENT
Inner Governance

- Why?
- What?
- How?
What is inner governance?

• Who is the best guide you have?
  – One who is always watching you?
  – Always with you?
  – Always available at any point of time?
Why inner Governance?

“Inner Transformation through inner governance”

I am determined to be cheerful and happy in whatever situation I may find myself. For I have learned that the greater part of our misery or unhappiness is determined not by our circumstance but by our disposition.

• Martha Washington
5 steps to connect to inner voice

• 2 minutes - short prayer or read a short text
• 2 minutes - Complete “To do” list for the day
  (Helps you unload and your are free to talk to inner voice)
• 3 minutes – any correction required (Review yesterday)
• 5 minutes – Find 3 people you want to reach out & Think of them and contact.
• 8 minutes – Think of at least one issue pertaining to society. Something you will do to something to change
• Let the Creator do for your life what you cannot –
  – through YOU!
  – Through YOUR INNER VOICE!!
The Practice of Inner Listening

In our busy, frantic lives we can choose to make space for grace and reflection for direction.
Who Am I?
Let’s start the initiation process!

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<td>Who am I?</td>
<td>What I should keep?</td>
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<td>What I should eliminate?</td>
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“In the silence of the heart, God speaks. And to hear God, we need a clean heart... The essential thing is not what we say to God but what God says to us and through us.”

- Mother Teresa
**Behaviour Modification Steps**

- Identification of undesirable behaviour
- Select an undesirable behaviour
- Ask yourself how motivated you are to change the behaviour
- Specify what new behaviour you will adopt
- Evaluate

*(work on one cause at a time)*
Framework of Ethical Governance – Environment

Integration with and care for
ONESELF

Universal Values
Purity
Honesty
Love
Unselfishness
Awareness

Integration with and care for all
PEOPLE

Integration with and care for the
ENVIRONMENT
Why talk about environment in an ethics course?

- Only after the last tree has been cut,
- Only after the last river has been poisoned,
- Only after the last fish has been caught,
  Only then will you realise that money cannot be eaten.

We have not inherited the earth from our ancestors, we have only borrowed it from our children.
I Care
Saving Yourself, Your Family and the Planet.

• Begin with the following:
  
  – Step out of consumerism.
  
  – Determine your genuine needs for living a rational, reasonable and contented life.
  
  – Develop a sense of universal responsibility, caring for others and for the coming generations.
How Can You.....

• Conserve energy
  – Electricity
  – Gas
  – Water heating
  – Transportation
  – Construction

• Conserve Water

• Conserve Biodiversity and Forests
Minimize and Manage

• Waste

• Use Of Chemicals And Hazardous Substances

• Air And Noise Pollution
Questions For Reflections

Some basic questions to reflect on after this workshop are:

• **What is my role in this context?**

• **What kind of ethical decisions would I take to protect the environment?**

• **What is the one environment friendly practice that I can commit to as a beginning?**

• **What are the ethical challenges embedded in a particular project in which you are involved?**

• **What are the blocks I may encounter on my way to this journey?**

• **How many times have we asked ourselves: Is that the way I should treat someone else? Is that the way someone else should treat me?**
Hey, Einstein! How about working on a cure for insensitivity to other species?
Framework of Ethical Governance

Integration with and care for ONESELF

Integration with and care for all PEOPLE

Integration with and care for the ENVIRONMENT

Universal Values
- Purity
- Unselfishness
- Love
- Awareness
- Honesty

GOOD GOVERNANCE
- Accountable
- Transparent
- Responsive
- Equitable and inclusive
- Effective and Efficient
- Consensus-oriented
- Participatory
- Follows the rule of law

TOTAL WELL BEING FOR ALL

Thriving, Peaceful, Socially Just & Environmentally Sustainable Life for All On Earth
Ethics and values:
Traditional approach
“The wealth earned through pious means flourishes. Those who earn through dishonest means are destroyed“ – ATHARVA VEDA

“Allah Curses the giver of Bribes and the Receiver of Bribes and the person who paves the way for both parties” ---PROPHET MOHAMMED
“The reputation of a thousand years is determined by the conduct of one hour.”

– Japanese proverb
The Golden Rule

**Islam:** No one of you is a believer unless he loves for his brother what he loves for himself.

**Aristotle:** We should behave to others as we wish others to behave to us.

**Judaism:** What you dislike for yourself, do not do to anyone.

**Hinduism:** Do nothing to thy neighbor which thou wouldst not have him do to thee thereafter.

**Buddhism:** Hurt not others with that which pains thyself.

**Christianity:** Do unto others as you would have them do unto you.

**Confucius:** What you do not want done to yourself, do not do unto others.
Why Do Public / Govt. servant indulge in Corruption?

Disclaimer: We know there can not be one answer. It is only an attempt to find probable Reasons.
Lord Yamaraja, disguised as a Yaksha, once asked Maharaja Yudhisthira: ‘What is the most wonderful thing within this world?’

Maharaja Yudhisthira replied:
“Hundreds and thousands of living entities meet death at every moment, but a foolish living being nonetheless thinks himself deathless and does not prepare for death. This is the most wonderful thing in this world.”
It is not what we eat but what we digest that makes us strong;

not what we gain but what we save that makes us rich;

not what we read but what we remember that makes us learned; and

not what we profess but what we practice that gives us integrity.
• For the past 33 years, I have looked in the mirror every morning and asked myself: 'If today were the last day of my life, would I want to do what I am about to do today?' And whenever the answer has been 'No' for too many days in a row, I know I need to change something.

Steve Jobs
जिंदगी है छोटी, हर पल में खुश रहो...
Office में खुश रहो, घर में खुश रहो...
आज पनीर नहीं है दाल में ही खुश रहो...
आज gym जाने का समय नहीं, दो कदम चल के ही खुश रहो...
आज दोस्तो का साथ नहीं, TV देख के ही खुश रहो...
घर जा नहीं सकते तो फोन कर के ही खुश रहो...
आज कोई नाराज़ है उसके इस अंदाज में ही खुश रहो...
जिसे देख नहीं सकते उसकी आवाज में ही खुश रहो...
जिसे पा नहीं सकते उसकी याद में ही खुश रहो
Laptop ना मिला तो क्या, Desktop में ही खुश रहो...
बीता हुआ कल जा चुका है उसकी मीठी यादें है उनमें ही खुश रहो...
आने वाले पल का पता नहीं... सपनो में ही खुश रहो...
हसते हसते ये पल बिताएँगे, आज में ही खुश रहो
जिंदगी है छोटी, हर पल में खुश रहो